

# Seniors

## MENU

monday to friday 12 - 3pm

As local residents, we would like to invite you to enjoy the following lunch special.  
Show your seniors card between 12pm - 3pm Mon - Fri.

- Beer battered snapper fillets with fries, salad, lemon & tartare... 18
- Rump steak grain fed 250g with fries & your choice of sauce... 24
- Corned beef silverside with caramelised Brussels sprouts, mash & seeded mustard, parsley sauce... 20
- Lamb, rosemary & garlic sausages with sweet potato purée, caramelised onions & gravy... 20 (gf)
- Nourish Bowl with wild rice, sweet potato, kale, guacamole, beetroot, spicy chickpeas, Cajun pepita & sesame dressing... 18 (gf, ve)  
Add crumbed chicken or cured salmon... 6
- Coconut poached chicken salad with cucumber, carrot, bean sprouts, mint, coriander, green leaves, chilli, soy glaze & lime dressing... 18 (gf)

gf - gluten free ve - vegan

or COFFEE & DESSERT for only \$14

Sticky toffee pudding with butterscotch sauce & salted caramel ice cream

170 Caroline Chisholm Drive Winston Hills NSW 2153 [www.thewinston.com.au](http://www.thewinston.com.au)

THE WINSTON

bar  
dining  
terrace  
functions